



INVITATION

SPEED, SAFETY, SPIRITUALITY

A REFRESHING MEDITATION RETREAT FOR PROFESSIONALS FROM
TRANSPORT, TRAVEL AND TOURISM SECTORS

16 TO 20 SEPTEMBER 2022

BRAHMA KUMARIS MANMOHINIVAN COMPLEX,
ABU ROAD, RAJASTHAN



BRILLIANT THINGS HAPPEN IN CALM MINDS.
MEDITATE, AND BE CALM.

FOR REGISTRATION AND DETAILS:
www.wheelsforpeace.org/retreat

BRAHMA KUMARIS
www.brahmakumaris.com

TRANSPORT WING
www.wheelsforpeace.org

DETAILS OVERLEAF

KEY TOPICS AND CONTENTS OF THE RETREAT



**Morning
Meditation**



**Zumba
Fitness**



**Meeting
Yogis**



**Games:
Learn with Fun**



**Dance
Evening**



**Knowing Self
and God**



**Abu Darshan
Trip**



**Emotional
Healing**



**Overcoming
Overthinking**



**Compassion
in Action**



**Digital
Detox**



**Fundamentals
of RajYoga**



**Karma
Philosophy**



**The Story of
Time: My Story**

Important Note:

1. All sessions will be in Hindi.
2. Online Registration is subject to confirmation.

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www.wheelsforpeace.org/retreat**

Queries: ttwoffice@gmail.com / 810 451 4456

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www.brahmakumaris.com

TRANSPORT WING
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