



*the time to
relax is
when you
don't have time
for it*



'Speed, Safety, Spirituality'

31st August to 4th September 2018
PROGRAMME SCHEDULE

Friday, 31st August, 2018

7 am - 5 pm Registration
09.30 am **Positive Thinking**
05:00 pm Overview of the Conference
06:00 pm Inaugural Session

Saturday, 1st September, 2018

07.00 am Meditation Session 1 Know the Eternal Traveller
09.30 am **Inner Powers for Safety**
11.00 am Stretch Break
11.30 am Life of a Yogi
04.30 pm **Humility - the Magic of Winning Hearts**
06.00 pm Meditation - Experiencing Power of Silence
08.30 pm Cultural Evening

Sunday, 2nd September, 2018

07.00 am Meditation Session 2 The Eternal Companion
09.30 am **Love - the Elixir of Life**
11.00 am Stretch Break
11.30 am Heart to Heart Conversations
04.30 pm **Happiness - the Art of Living Inside-Out**
06.00 pm Meditation – Exploring Inner World of Silence

Monday, 3rd September, 2018

07.00 am Meditation Session 3 Rajyoga – The Journey to Regain Inner Powers
09.30 am **Stability for a Peaceful Journey**
11.00 am Experience Sharing
12.00 noon Lunch followed by Sight Seeing - Abu Darshan

Tuesday, 4th September, 2018

07.00 am Meditation Session 4
Journey towards A Golden Era



Watch **LIVE** webcast of the above sessions on
www.wheelsforpeace.org/live



19th National Conference cum
Meditation Retreat

Speed, Safety, Spirituality

31st August to 4th September 2018

Gyan Sarovar, Academy for a Better World,
Mt. Abu



Organised by:
Transport and Travel Wing, RERF &
Brahma Kumaris



Why participate

Develop the skill of keeping calm and composed at all times

Discover simple, yet practical applications of spiritual wisdom to everyday decision-making

Learn the art of ancient Rajyoga Meditation; a process which facilitates inner healing, improves mutual understanding and fosters harmonious growth

Who can register

All Professionals associated with Transport, Travel and Tourism sectors, having experience in administrative and managerial roles

How to Register

Register Online at
www.wheelsforpeace.org/Conference2018

Registration may be considered as approved only after you receive a note of confirmation.

Who we are



Transport & Travel Wing engages with personnel associated with Transport, Travel, Tourism sectors. Our aim is to strengthen the foundation of human values so as to maximize efficiency. Our outreach programmes encourage participants to experience peace and happiness through meditation.

For more information, please visit www.wheelsforpeace.org



Founded in 1937, Brahma Kumaris is a worldwide spiritual movement dedicated to personal transformation and world renewal. Our real commitment is to help individuals transform their perspective of the world from material to spiritual. This supports the cultivation of a deep collective consciousness of peace and of the individual dignity of each soul.

For more information, please visit
www.brahmakumaris.com

Contact Us

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